

We have a dream! Dreams in motion for teaching

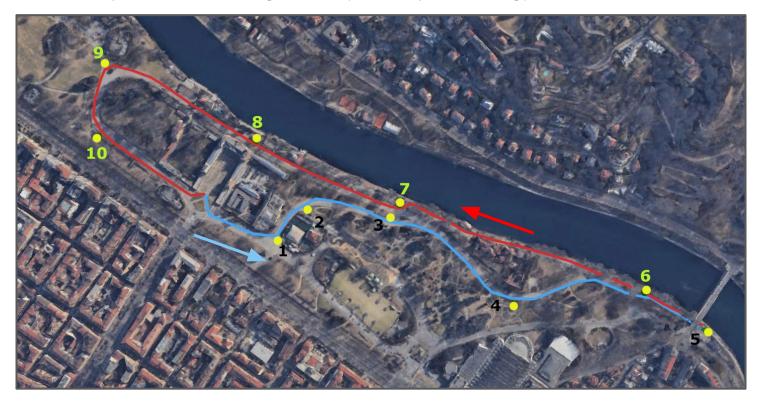
13, **17** marzo, 2023







Length = 3 km First phase = walking in groups (walk storming) Second phase = running alone (solitary storming)









The Start









Walk Storming









Walk Storming

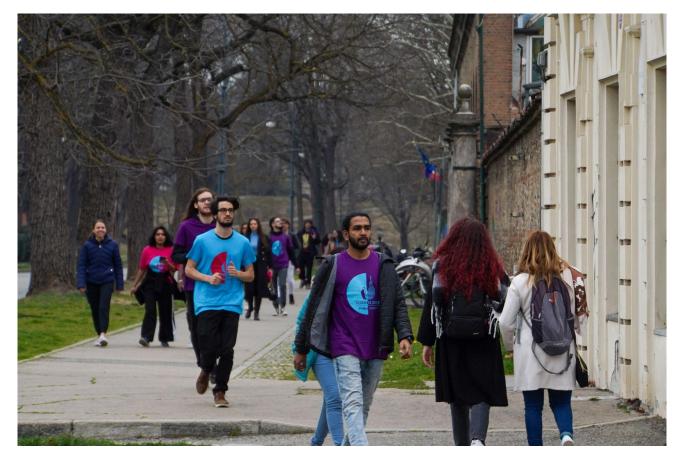








Run! Solitary Storming

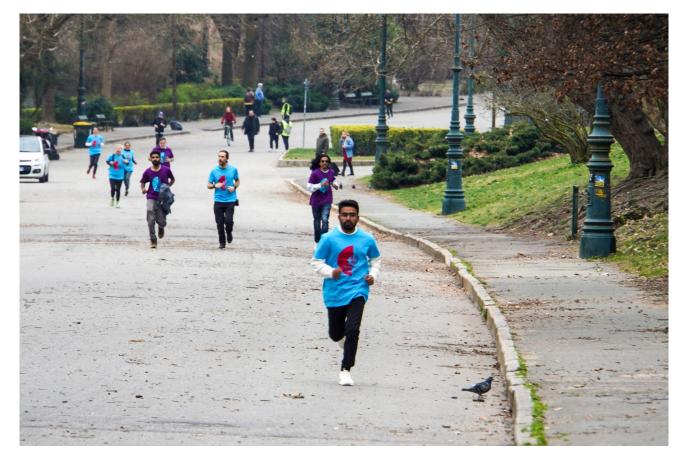








Run! Solitary Storming









I made it!

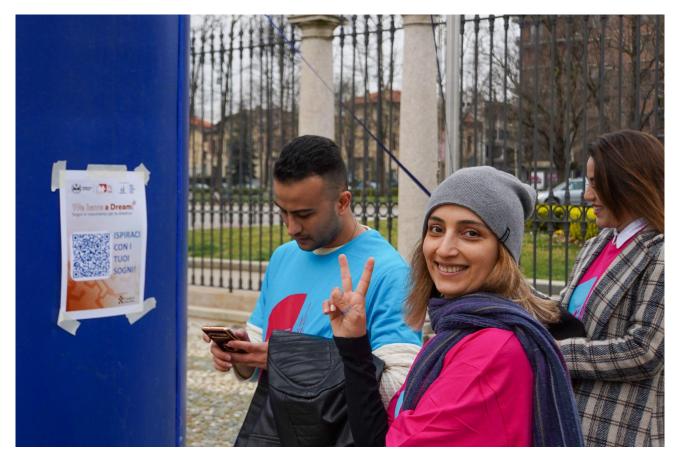








Filling in the form! Inspire us, share your dreams









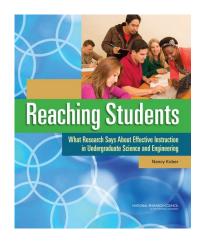








1. We are talking about **Research Based** & **Evidence Based** Teaching methodologies



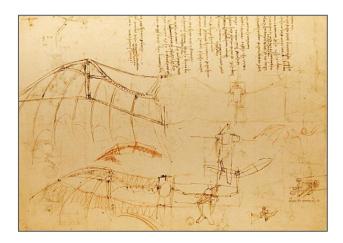
Research needs
dreams to explore
the unknown

What Research Says About Effective Instruction in Undergraduate Science and Engineering





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Research needs
dreams to explore the unknown





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Research needs
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1. We are talking about **Research Based** & **Evidence Based** Teaching methodologies

Teaching and Learning

Research needs dreams

as any other discipline!

Research needsdreams to explore the unknown





2. Dreaming of university education means **taking care** of one of the most important parts of our society:

the system made up of Teachers & Students





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the system made up of Teachers & Students

Why is it so important?







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the system made up of Teachers & Students

Students through Teachers are the future...

- of Research,
- of Innovation,
- of the transfer of Research and Innovation to companies (Technological Transfer)

Why is it so important?











RESEARCH REPORT

Give Your Ideas Some Legs: The Positive Effect of Walking on Creative Thinking

> Marily Oppezzo and Daniel L. Schwartz Stanford University

Journal of Experimental Psychology: Learning, Memory, and Cognition









Available online at www.sciencedirect.com

SciVerse ScienceDirect

Procedia - Social and Behavioral Sciences 46 (2012) 1893 - 1898

Procedia

Social and Behavioral Sciences

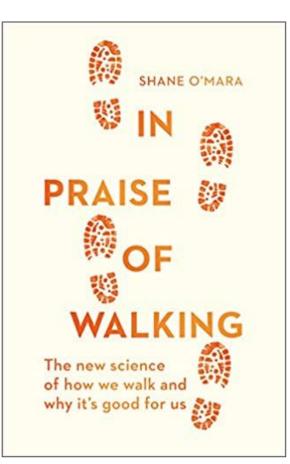
WCES 2012

Physical activities as a manner of lifelong developing creativity

Elena Lupu *a











We have divided the dreams into categories

111 dreams, from the walk storming (30 teachers, 74 students, 7 administratives)

Integration of different worlds, Multidisciplinarity	Advices for teachers	Teacher-student relationship
Student well-being	Practice & Theory	Poverty & study. Equal opportunities
Learning and Nature	More info about University life	Lectures, courses, exams
Passion & Emotion	Holistic growth of the Student	Spaces





Integration of different worlds, Multidisciplinarity

Flexibility in course selection

Relationships between different disciplines

collaborate more **outside** the classroom just as much as inside and make projects **with people of the society**. more **inter-disciplinary conversations**, time for writing and sharing, and **holistic practices** in our classrooms

desire to create **inter-university** and not just inter-disciplinary workshop. Integrating different worlds with each other.

Exposure from international facilities and teaching





Integration of different worlds, Multidisciplinarity

> "Importance of stepping outside the linearity of theories to deal with the unexpected and uncertainty that is the rule today. This requires the resilience and creativity of teams but also the co-design of content with professionals working in the field"

<< a teacher >>





Advices for teachers

More interaction among teachers

Growing together with our

students





"I dream of greater teacher interest in teaching work; I dream of student interest not only in the grade or passing the exam, but in working together, the seemingly 'useless' but essential topics for the life of the spirit; I dream of greater relational moments and sharing between students and teachers outside the classroom, to enrich each other's thoughts and reflections."



<< a teacher >>



Growing **together** with our

students

We need many more teachers,

for a **teacher/student ratio** that

allows for engagement and

interpersonal relationships.





"Greater sharing of teaching problems

with teachers."

<< a student >>





More relaxed mood during oral sessions.

... classes be more practical and maybe **some courses have no score for the final results**.

... Invite students to overcome the **shame of asking questions** in class, to be **more confident** even outside the university world. ... more **encouragement** through contests, more activities and small tests during the semester so that not everything is left for the last exam...

Increase expression of **emotions** related to **performance anxiety** through dedicated and shared moments between students and teachers... We will soon be walking together to dream some more, like today!





I would like to make the **education stressfree**.. Not making it a burden. Make students capable to improve their skills and not pressurise on theoretical. Education should be improved to make a student to be independent not to achieve just a degree.

<< a student >>





Each lecturer **brings** a **piece of his or her research** into **his or her course**. To excite students

Have more **practical lessons**, and be in a **real place** to feel and **understand better**

It would be nice to have the courses **more engaging**, more one-to-one with the student, e.g. at the **end of each course** there could be a number of hours dedicated to a **lab** where all the knowledge acquired during the course is utilised Dream of higher education as collective learning with curriculum more related to the everyday practice in real.





Introducing **more practical** parts of lectures and workshops to acquire **better knowledge of theory**. Making lectures more fun to keep students interested and engaged

<< a student >>





It was amazing experience. The thing is we should take everyone with us while doing the journey like **all students should get equal experience**.

We talked about poverty and the effect of this matter on the purpose and even tendency of people to study and we desire that **poverty does not have any effect on the graduation process** ... Finally, softwares and classes for everyone, not just a Italians





Two main things came to my mind my first dream would be that the **effect of poverty** in one education would be **minimised**, and that the experience of someone who grew up in poverty would be very very similar to one who did not.

<< a student >>





We also talked about going back to **learning from the earth**, for example in India students used to walk around and connect to the Earth.

More **trees** at Politecnico, more relationship with trees





My dream is to create **the harmony between nature and the education system**. Exploring and experiencing the environment along with studying, more like breaking free from the 4 walls of room. Because, we can learn anywhere and from everybody. A tree with flowers seen along the

way.

No stress, all natural.

If education were like that tree, with less pressure, less obsession and bearing flowers naturally.

<< a student >>

(Walk storming)

<< a teacher >>

(Solitary storming)





Tutoring from Italian students for foreign ones, especially for describing exam expectations (e.g. how to prepare reports).

The students would like more **opportunities to socialise**. Races and other events like today's should be organised on a regular basis.





My second dream is that people would **be explained** based on both solid data and personal opinions what game they are **stepping into** when they begin a long-term course like a **university bachelors** or **Masters course**. Many people step into polytechnical for example thinking that studying in politecnico is as easy as entering it and have no clue about what they can expect as a student in for the technical and what is expected from them. These can lead to confusion in ultimately failure which may take one's time and energy and passion.





Making lectures more **fun** to keep students **interested** and **engaged**

more **energetic** and **fun learning environment**

Need for more organisation to **define minimum common knowledge**

...more courses and workshops on soft skills (writing, presenting)

Avoiding programme **redundancy**

The level of the course should change along the course, because some of students are not from same background. I think the course should separate to basic knowledge to improve our information, then we go to second part of course to learn efficiently.





I dream of a didactics that could be **itinerant** on some days, with lectures held on site related to the topic of the lecture itself. A participative didactics with moments of debates and final reflections.

<< a student >>





...make the student study not only for the grade, but also for **passion**.

I dream of a higher education which is participative, diverse, global in perspective and **pursuing local passion**.





In order to make the courses more interesting, it would be nice if professors would talk about their research during the courses, talk about their experience as researchers within the polytechnic so that students would also be **passionate** about the academic environment. I am sure that by talking about their areas of research they could make many more students **curious** and **enthusiastic** about that subject.



<< a student >>



Ability to make the students understand **their attitudes**.

Possibility to vary the proposed activities even within the same course for a **customisation** of the course that enhances the **individuality** of the students.

My vision of higher education is a way to become a **better and more useful person to society**





Embrace a holistic approach to developing learner capabilities. Recognize the importance of identity and how the validation and empowerment of the whole person, with all their experiences, impacts the learning experience.

<< a teacher >>





Spaces



We can make more **interactions** with other students and professors in the **green spaces**

...breaking free from the 4 walls of room

presence of facilities such as **microwave ovens** in the Valentino castle. The presence of **water fountains** within the buildings ... classes in open spaces.

University campus with the possibility of living and activities on it. A **unified**, **low-dispersion** environment can promote **better learning** for all students





To arrive at a cosy, **comfortable place** where one feels at ease, where one can let one's imagination run wild and immediately follow up on one's ideas, which is **free of the physical limitations** in which we are constrained and which allows us to overcome the barriers between teachers and students.

<< a teacher >>





I am thinking of **pursuing** the **teaching profession** after the inspiring group **walk storming**.

It's a dream this kind of interaction between Professors and students to have a more understanding for my country, and engaging students with Professor is always dream.

It was so a **wonderful to experience**, we did more activities and **socialise**, I love it, it gives me ideas for my routine and lifestyle... Thanks







The dreams ...



...



Politecnico di Torino

The dreams ...



pass the baton to ...

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